

# Travel Check List

1. **Passport/Visa:** Ensure your passport is valid, and you have the necessary visas.
2. **Travel Insurance:** Consider purchasing travel insurance for medical emergencies, trip cancellations, and lost belongings.
3. **Flight Tickets:** Confirm and print your flight tickets.
4. **Accommodation:** Have confirmation details for all your accommodations.
5. **Itinerary:** Plan your daily activities and have a rough itinerary.
6. **Health Precautions:** Check if vaccinations or medications are required for your destination.
7. **Money:** Notify your bank about your travel dates, and carry local currency.
8. **Packing Essentials:** 8. **Clothing:** Pack weather-appropriate clothing and comfortable shoes.
9. **Toiletries:** Bring travel-sized toiletries and personal hygiene items.
10. **Electronics:** Don't forget chargers, adapters, and any necessary electronics.
11. **Documents:** Carry photocopies of important documents like passport and insurance.
12. **Medication:** Pack any prescription medications and a basic first aid kit.
13. **Travel Pillow/Blanket:** Useful for long flights or uncomfortable accommodations.
14. **Travel Comfort:** 14. **Travel Pillow/Blanket:** Useful for long flights or uncomfortable accommodations.
15. **Snacks:** Carry some snacks for the journey and in case of delays.
16. **Reusable Water Bottle:** Stay hydrated on your travels.
17. **Entertainment:** Books, music, or games for long waits and journeys.

18. **Safety Measures:** 18. **Emergency Contacts:** Have a list of emergency contacts both at home and in your destination.
19. **Local Emergency Numbers:** Know the local emergency numbers for police, medical, and embassy.
20. **Secure Your Home:** Lock all doors and windows before leaving.
21. **On Arrival:** 21. **Local Map/Guidebook:** Familiarize yourself with the local area.
22. **Local SIM Card:** If needed, get a local SIM card for your phone.
23. **Transportation:** Know local transportation options and schedules.
24. **Language:** Learn basic phrases in the local language.

## General travel checklist



This checklist helps you decide what to pack for your travels. Select the items you still need to pack (or already packed). Next time you visit this page, your browser remembers your selections automatically. Missing an important item? Please leave a message!

### Documents

[Passport, visa](#)

Tickets for airline, boat, train, bus

[Copies of passport, tickets etc](#)

Boarding pass

Drivers licence

Health insurance card

List of medications, letter prescriber  
Travel insurance  
Student card

## Travel aids

[Suitcases](#), [backpack](#)

Itinerary

Maps and directions

Language guide

[Travel guide](#)

[Travel pillow, sleeping mask, earplugs](#)

Travel locks

Luggage tags

Pens and paper

Snacks, drinks

Small pocket knife (not in carry-on!)

Rope, expandable clothesline

## Financial

[Foreign currency](#)

Emergency money

[Credit card, debit card](#)

Extra wallet

Money belt

## Appliances

Cellphone, charger

Photo camera, memorycard, charger

Laptop, [iPad or Tablet](#), [E-reader](#), chargers

[Travel adapter and converter](#)

Travel iron

Flashlight

Headphones

# Clothes

Underwear

Socks

Sleepwear

Shirts, polos

Jeans, trousers, shorts

Dresses, skirts

Shoes, sneakers

Flipflops, slippers

Jackets, coats, raincoats

Belts, ties

Scarves, hats, gloves

# Toiletries

Toothbrush, paste, dental floss

Deodorant

Tweezers (not in carry-on!)

Soap, shampoo, conditioner

Towels

Nailcare

Tissues, toilet roll

Feminine hygiene

Makeup, makeup remover

Shaving supplies

Skin products

Brush, comb, hairproducts

Glasses, contact lenses, supplies

# Health

Medications, pain reliever

[First aid kit](#)

Insect repellent

Oral Rehydration Solution (ORS)

Mosquito net

Birth control, condoms  
Vaccines, health/dental checkup  
Vitamins  
Hand sanitizer/desinfectant

## **General activities**

Swimsuit and big towel  
[Walking shoes](#)  
Sunglasses  
Sunscreen  
Umbrella  
[Daypack](#)  
Books, e-books, magazines