Travel Check List

- 1. Passport/Visa: Ensure your passport is valid, and you have the necessary visas.
- 2. **Travel Insurance:** Consider purchasing travel insurance for medical emergencies, trip cancellations, and lost belongings.
- 3. Flight Tickets: Confirm and print your flight tickets.
- 4. **Accommodation:** Have confirmation details for all your accommodations.
- 5. **Itinerary:** Plan your daily activities and have a rough itinerary.
- 6. **Health Precautions:** Check if vaccinations or medications are required for your destination.
- 7. **Money:** Notify your bank about your travel dates, and carry local currency.
- 8. Packing Essentials: 8. Clothing: Pack weather-appropriate clothing and comfortable shoes.
- 9. **Toiletries:** Bring travel-sized toiletries and personal hygiene items.
- 10. Electronics: Don't forget chargers, adapters, and any
 necessary electronics.
- 11. **Documents:** Carry photocopies of important documents like passport and insurance.
- 12. **Medication:** Pack any prescription medications and a basic first aid kit.
- 13. **Travel Pillow/Blanket:** Useful for long flights or uncomfortable accommodations.
- 14. Travel Comfort: 14. Travel Pillow/Blanket: Useful for long flights or uncomfortable accommodations.
- 15. **Snacks:** Carry some snacks for the journey and in case of delays.
- 16. Reusable Water Bottle: Stay hydrated on your travels.
- 17. **Entertainment:** Books, music, or games for long waits and journeys.

- 18. Safety Measures: 18. Emergency Contacts: Have a list of emergency contacts both at home and in your destination.
- 19. Local Emergency Numbers: Know the local emergency numbers for police, medical, and embassy.
- 20. **Secure Your Home:** Lock all doors and windows before leaving.
- 21. **On Arrival:** 21. **Local Map/Guidebook:** Familiarize yourself with the local area.
- 22. Local SIM Card: If needed, get a local SIM card for your phone.
- 23. **Transportation:** Know local transportation options and schedules.
- 24. Language: Learn basic phrases in the local language.

General travel checklist



This checklist helps you decide what to pack for your travels. Select the items you still need to pack (or already packed). Next time you visit this page, your browser remembers your selections automatically. Missing an important item? Please leave a message!

Documents

<u>Passport</u>, visa

Tickets for airline, boat, train, bus

<u>Copies of passport, tickets etc</u>

Boarding pass

Drivers licence

Health insurance card

List of medications, letter prescriber Travel insurance Student card

Travel aids

Suitcases, backpack
Itinerary
Maps and directions
Language guide
Travel guide
Travel pillow, sleeping mask, earplugs
Travel locks
Luggage tags
Pens and paper
Snacks, drinks
Small pocket knife (not in carry-on!)
Rope, expandable clothesline

Financial

Foreign currency
Emergency money
Credit card, debit card
Extra wallet
Money belt

Appliances

Cellphone, charger
Photo camera, memorycard, charger
Laptop, <u>iPad or Tablet</u>, <u>E-reader</u>, chargers
<u>Travel adapter and converter</u>
Travel iron
Flashlight
Headphones

Clothes

Underwear
Socks
Sleepwear
Shirts, polos
Jeans, trousers, shorts
Dresses, skirts
Shoes, sneakers
Flipflops, slippers
Jackets, coats, raincoats
Belts, ties
Scarves, hats, gloves

Toiletries

Toothbrush, paste, dental floss
Deodorant
Tweezers (not in carry-on!)
Soap, shampoo, conditioner
Towels
Nailcare
Tissues, toilet roll
Feminine hygiene
Makeup, makeup remover
Shaving supplies
Skin products
Brush, comb, hairproducts
Glasses, contact lenses, supplies

Health

Medications, pain reliever

First aid kit

Insect repellent

Oral Rehydration Solution (ORS)

Mosquito net

Birth control, condoms
Vaccines, health/dental checkup
Vitamins
Hand sanatizer/desinfectant

General activities

Swimsuit and big towel
Walking shoes
Sunglasses
Sunscreen
Umbrella
Daypack
Books, e-books, magazines